

Calumet & Stong @ 2020

1st Annual Update

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Jennine Rawana, Master of Calumet College

Faculty of Health Council,
April 5, 2017

VARI HALL

Our Team



Mazen Hamadeh
Master, Stong College



Jennine Rawana
Master, Calumet College



Robert Bishop
Director, Student and Academic Services

Our Team



Subra Shujaat
Student Development
Assistant



Brigitte Zwarych
Administrative Secretary



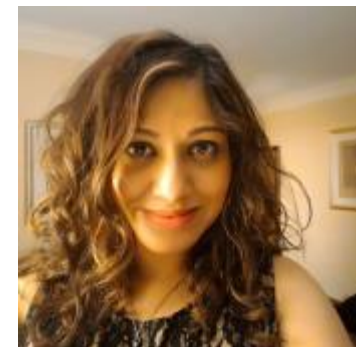
Cynthia Goodfellow
Administrative & Events
Coordinator



Nicole Joron
Student Success
Coordinator



Agata Stypka
Student Success
Coordinator (on-leave)



Auroosa Kazmi-Ishaq
Student Success
Coordinator



ESTABLISHING CONTEXT

How did we get here?

Strategic Directions for the Colleges

- A. Enhancing academic/learning support programs and student success
- B. Developing responsible student leadership and citizenship
- C. Fostering a culture of social and intellectual growth
- D. Promoting wellness and mental health
- E. Building resources and sustainability

Relation to Strategic Plan



| Student Success Program (Student Transition) | Enhancing academic/ learning support programs and student success | Developing responsible student leadership and citizenship | Fostering a culture of social and intellectual growth | Promoting wellness and mental health | Building resources and sustainability |
|--|---|---|---|--------------------------------------|---------------------------------------|
| Orientation & Transition | ✓ | ✓ | ✓ | ✓ | ✓ |
| Peer Mentoring | ✓ | ✓ | ✓ | | |

Relation to Strategic Plan



| Student Success Program (Academic Support) | Enhancing academic/ learning support programs and student success | Developing responsible student leadership and citizenship | Fostering a culture of social and intellectual growth | Promoting wellness and mental health | Building resources and sustainability |
|--|---|---|---|--------------------------------------|---------------------------------------|
| PASS | ✓ | ✓ | | | |
| Peer Tutoring | ✓ | ✓ | | | |
| The HealthAid Network | ✓ | ✓ | ✓ | ✓ | |

Relation to Strategic Plan



| Student Success Program (Student Development & Leadership) | Enhancing academic/ learning support programs and student success | Developing responsible student leadership and citizenship | Fostering a culture of social and intellectual growth | Promoting wellness and mental health | Building resources and sustainability |
|--|---|---|---|--------------------------------------|---------------------------------------|
| Agents of Change | | ✓ | ✓ | ✓ | ✓ |
| Create Your Future | ✓ | ✓ | ✓ | | |
| Health & Wellness | | ✓ | | ✓ | |

Relation to Strategic Plan



| Student Success Program (Student Development & Leadership) | Enhancing academic/ learning support programs and student success | Developing responsible student leadership and citizenship | Fostering a culture of social and intellectual growth | Promoting wellness and mental health | Building resources and sustainability |
|---|---|---|---|--------------------------------------|---------------------------------------|
| Alumni & Fellows | | ✓ | ✓ | | |
| Indigenous Community Affiliation | | | ✓ | ✓ | |
| Masters' Office Events (Guest Speakers, Career development, community engagement, Learning skills) | ✓ | ✓ | ✓ | ✓ | ✓ |

Program Development Across Student Lifecycle



Recruitment

Graduation

Student
Transition and
First Year
Experiences

Alumni &
Fellow

Awards Events

Community
outreach

Research &
Evaluation

Course Based
Support

Communication
& Promotion

Guiding Principles for Programs

1. Developing programs that are based on evidence, theory and measurement
2. Collaborating across units to provide a seamless student experience
3. Student learning across the student lifecycle



Orientation & Transition

Orientation & Transition Evaluation



2016-2017 Evaluation Results

- 1880 new FoH students participated in either YOD, Orientation Express, or Winter Orientation
- 67% of FoH students who attended YOD strongly agreed or agreed that YOD developed their 5 Lizzio senses



2016-2017 Changes & Highlights



New Components

- Inclusion of Nursing
- Inclusion of Health and Wellness
- Launch of Orientation Express
 - Reconsider Orientation Express – how else to support students who miss YOD?
 - 19 attended, out of 707 potential participants

Highlights

- 71% of new FoH students attended YOD (68% in 2015)
- 98% of those registered attended YOD (86% in 2015)
- 142 new students registered for Winter Orientation (75 in 2015)
- UPD involvement and collaboration



Peer Mentoring

Project Overview



| Winter 2016 - 2017 | Project Milestone |
|-----------------------|---|
| May | Student Success Council asks for research on effective peer mentoring programs and existing programs |
| June | Environmental scan presented to Student Success Council |
| August | KAHSSO Peer Mentoring Program Development |
| Feb | Consultation Hosted |
| Future Considerations | <ul style="list-style-type: none">• Follow-up with community consultations<ul style="list-style-type: none">• Target groups• Student life cycle• Expansion of the HealthAid Network |



The HealthAid Network

The HealthAid Network



Goals

1. Support **academic success** within the first year
2. Foster **student engagement**
3. Develop student **leadership capacity** through peer mentoring

Structure

- Targets core 1000 level courses in Faculty of Health
- Places students into mentoring teams that meet for 2 hours every 2 weeks to discuss issues related to academic and social transition and build leadership skills
- Teams also develop classroom announcements which are presented 5 times a semester

Evaluation Process and Results: 2015-2016

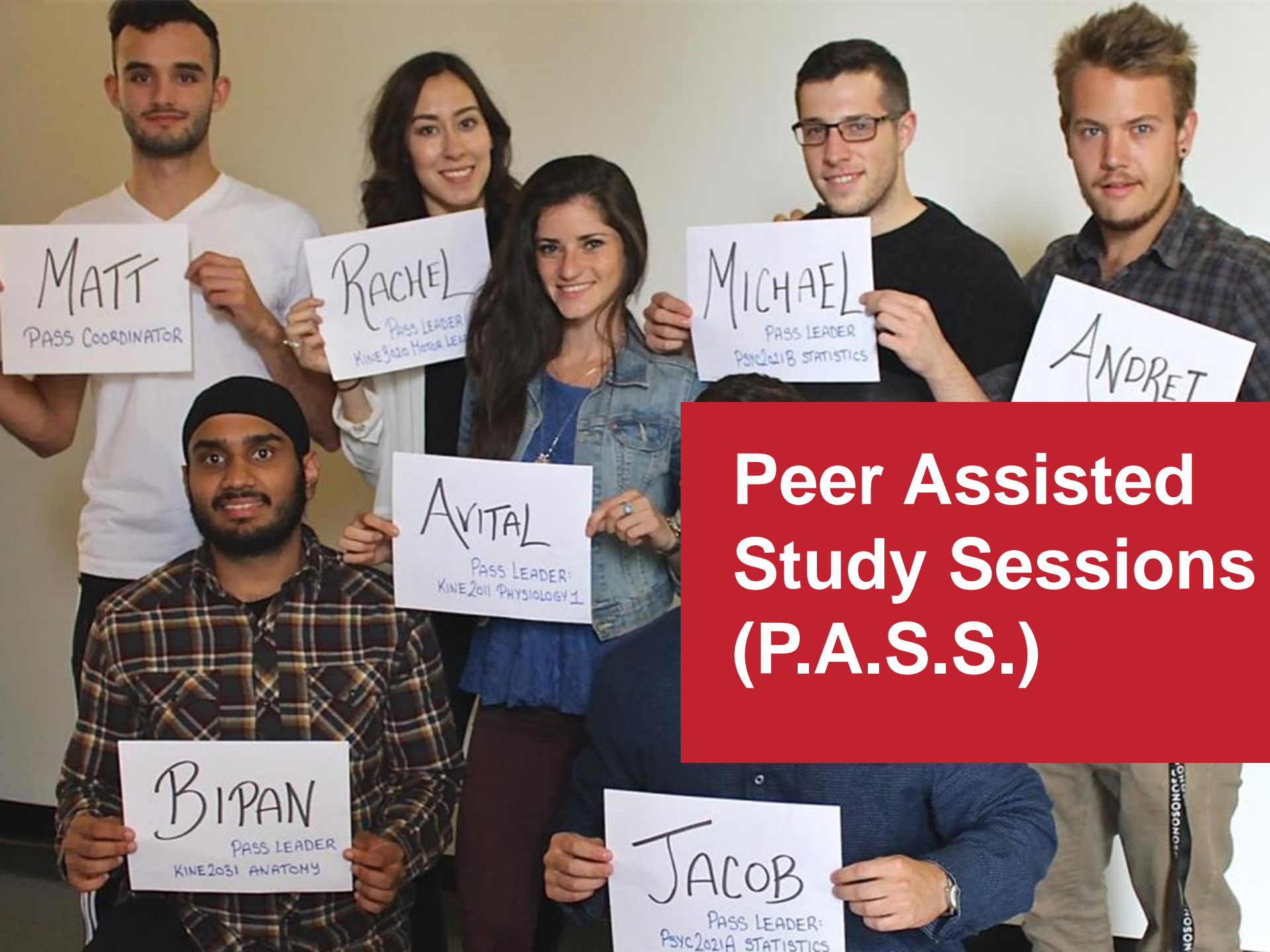


- Information collected: in-class surveys from core courses ($n = 1349$, 26%) and volunteer surveys ($n = 39$, 71%)
- Classroom announcements improved:
 - resource awareness (59%),
 - co-curricular awareness (41%),
 - useful reminder of deadlines (74%)
 - students use of resources or attendance at events (37%)

The HealthAid Network: Future Considerations



- Community Consultation on 1st year experience
- Expansion of leadership development and mentoring to all Peer Leaders in the Colleges
- Continue to offer program in Kinesiology, Psychology, Second-Entry and Collaborative Nursing and Health Studies



MATT
PASS COORDINATOR

RACHEL
PASS LEADER
KINE320 MOTOR LEARNING

MICHAEL
PASS LEADER
PSYC201B STATISTICS

ANDRET

AVITAL
PASS LEADER
KINE2011 PHYSIOLOGY I

BIPAN
PASS LEADER
KINE2031 ANATOMY

JACOB
PASS LEADER
PSYC2021A STATISTICS

Peer Assisted Study Sessions (P.A.S.S.)

Peer Assisted Study Sessions (PASS)

- Study sessions are offered 2x/week, on a drop-in basis and are not remedial
- Aims to support students by improving academic performance in historically difficult core courses (DWF \geq 30%)
- Helps students develop their learning skills to facilitate long-term student success
- Currently in Statistical Methods I, Physiology I, Physiology II, Anatomy, Biomechanics and Analysis of Data in Kinesiology I

PASS: Evaluation and Results



- **Evaluation Process:** Information collected: student numbers of those who attend, final letter grades of all students, survey data regarding quality and learning objectives
- Utilization is high in some courses but low in others (KINE 2050 - 5%)
- For half of the courses supported, there was a 1 letter grade increase

PASS: Future Considerations



- Re-evaluate current courses that we support
- Consider offering support for new DWF guidelines
- If expanding, seek other funding opportunities (departments, pan-university)



Peer Tutoring

Learning Outcomes



- Build communication, consulting, and mentoring skills of Peer Tutors
- Develop cognitive, retentive, and reviewing skills of tutees and Peer Tutors
- Develop confidence and self-esteem of tutees and Peer Tutors
- Increase sense of belonging for tutees
- Increase course completion rates
- Increase grade point averages of tutees and Peer Tutors

Peer Tutoring: Evaluation



Process

- Drop-in tracking sheets / appointment log sheets
- End of year surveys (tutors & tutees)

Results

- 105 peer tutors (KAHSSO & UPSA)
- 72 drop-in tutoring interactions (Fall, KAHSSO)
- 126 tutees (Fall & Winter, UPSA)

Peer Tutoring: Highlights



- College support of existing KAHSSO & UPSA peer tutoring programs
- Worked with clubs to update the tracking systems for Winter 2017
- Launch of drop-in peer tutoring for Psychology
- Developed Peer Writing Coach pilot program with Dr. John Eastwood (PSYC 3000 instructor)
- Explored HelpHub as an online peer tutoring platform



Agents of Change

Evaluation Process and Results: 2015-2016



- Impact and participation: 11 projects supported thus far, 3 students sent to Leadershape, 13 projects submitted in 2016-2017
- Information collected: team lead surveys
- Team leads reported highly developing skills related to collaboration, communication, community engagement and organization
- Need further development on budgeting, marketing and promotion, fundraising and online networking



**Create Your
Future**

Create Your Future

Goal

- Program is designed to help students explore academic choices and future careers

Structure

- Participation in Career and Leadership Pilot
- Careers Matter Events (Master's Office Alumni Mixer) – 2 events, 164 students, 32 alumni
- What Can I Do with My Degree Workshops
 - 4-15 students
- Panels (TBD – W16)
 - 30-63 students and were mostly rated either excellent or good
- Themed hands-on Workshops (Meet the Prof, Developing Interviewing Skills, etc..)



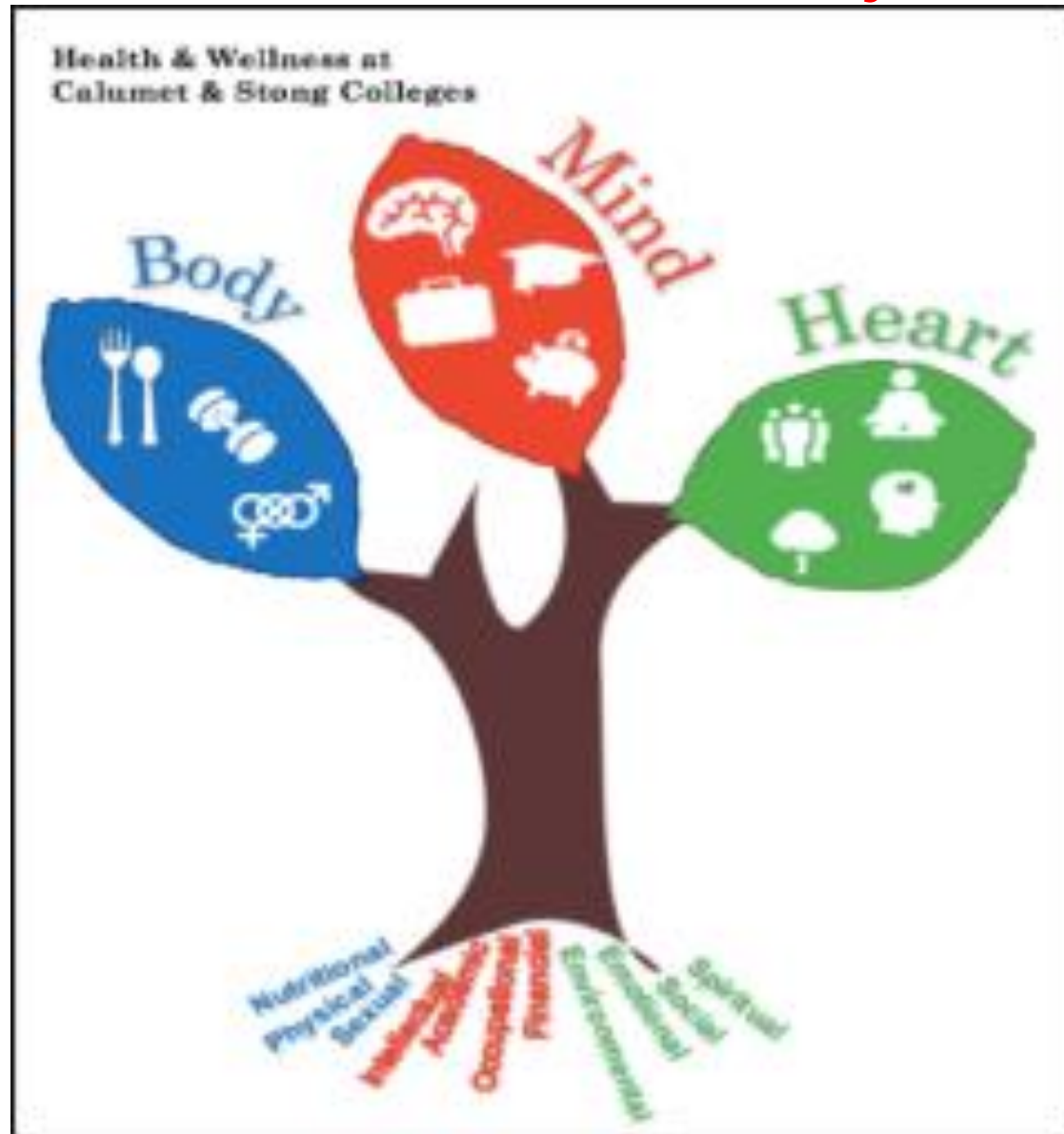
HEALTH EDUCATION & PROMOTION

Our Health Education and Promotion team works collaboratively with on and off campus stakeholders to create a community that supports student well-being.



Health & Wellness

Health and Wellness: Objectives



Health and Wellness: Objectives



- Promoting overall wellness
- Working to decrease stigma around mental health
- Making the Colleges a comfortable and supportive space (physical space and sense of community)
- Increasing awareness of who the Colleges are and their offerings
- Identify and implement action items that increase wellbeing within the Colleges
- Start with the wellbeing of incoming students

Health and Wellness: Evaluation



Evaluation Process:

- Health promotion tabling tracking sheet
- Event tracking and surveys
- Research

Evaluation Results:

- 153 total interactions at health promotion tabling (Nov.-Feb.)
- 11,666 total #WellnessWednesday Facebook Reach (Oct.-Feb.) Bi-weekly Potty Papers
- 126 participants at YU Capture's Life event on Let's Talk Day
- Wellness & YU Event: 75% of participants strongly agreed with the statement 'I will apply what I learned today in my life to improve my health and wellness'

Health & Wellness: Highlights



- Implementation of a new College based Peer Health Educator role
- Implementation of health & wellness programming at YOD within the FoH
- Collaboration with Health Education & Promotion and the Mental Health Steering Committee
- Presentation at the Annual Conference on The First-Year Experience (*Rawana, Joron, Orlando, Hamadeh & Oyelowo, 2017*)

A photograph of a busy university walkway. On the left is a modern, multi-story building with large windows and a grid-like facade. A paved path leads away from the building, lined with trees on the right. Many students are walking along the path, some carrying backpacks. In the foreground on the right, a young man and woman are sitting on a concrete ledge, looking towards each other. A red rectangular box is overlaid on the right side of the image, containing the text "Alumni & Fellows" in white.

Alumni & Fellows

Project Overview



| Fall 16 – Winter 17 | Project Milestone |
|--------------------------------|--|
| Sept | Special Projects Coordinator on boarded |
| Oct | Questions from Student Success Council survey results shared |
| Oct - Dec | Literature review and environmental scan conducted |
| Jan | Presentation of research report to Student Success Council |
| Feb - March | Consultations |
| Future Considera tions | <ul style="list-style-type: none">• Alumni database• Alumni engagement• Careers Matter |

A photograph of a busy university walkway. On the left is a modern, multi-story building with large windows and a grid-like facade. A sign on the building reads "M. ST. P. 207". The walkway is paved with light-colored bricks and is filled with students walking in both directions. Some students are carrying backpacks. On the right side of the walkway, there are trees and a concrete ledge where several students are sitting. In the foreground, a young man and woman are sitting on the ledge, looking at each other. The man is wearing a blue t-shirt and a black cap, and the woman is wearing a white top and a dark cardigan. A large red rectangular box is overlaid on the right side of the image, containing the text "Masters' Offices Events" in white, bold, sans-serif font.

Masters' Offices Events

College Events 2016/2017



| September | <ul style="list-style-type: none">• York Orientation (YOD)• Breakfast with the Master (Calumet) |
|-----------|---|
| October | <ul style="list-style-type: none">• Master's Welcome (Stong)• Tips & Tricks for a Successful Application to Graduate School in Psychology |
| November | <ul style="list-style-type: none">• Trust Your Journey, A Story of Resilience, Passion & Triumph with Cameron Mattice• Active Learning & Study Hacks – Tips and Tricks for Memory, Notetaking & Learning• Careers Matters – Stong College Alumni Student Connection• Sex Trafficking in Canada: Understanding Recruitment & Supporting Survivors• Inspire the New Dean of the Faculty of Health, Paul W. McDonald• Holiday Celebration |

College Events 2016/2017



| January | <ul style="list-style-type: none">• Winter Orientation• Spirituality, Authenticity, Wholeness and Self-Renewal in the Academy• KINE: Meet The Prof• Careers Matter – Calumet College Alumni-Student Connection |
|-----------------|--|
| February | <ul style="list-style-type: none">• Advanced Peer Leadership Training• Developing Students’ Interviewing Skills Workshop |
| Upcoming Events | <ul style="list-style-type: none">• “Being The Best You Can” (March 23rd)• Careers Matter – College Alumni Student Connection (March 29th)• Indigenous Community Event (Spring 2017)• Awards Ceremony (June 2017) |

A photograph of a college campus. On the left is a modern, multi-story white building with large windows and a brick walkway. In the foreground, a young man and woman are sitting on a concrete bench, looking at each other. The man is wearing a blue t-shirt and a baseball cap, and the woman is wearing a white top and a dark cardigan. In the background, many other students are walking along the path, some carrying backpacks. The scene is bright and sunny, with green trees lining the walkway.

College Awards



College Awards

| Calumet College | Stong College |
|--|--|
| CCCBursary | Olga Cirak Alumni Bursary |
| CC Bursary Fund | The Virginia Rock Award |
| CCC 50 th Anniversary Award | Elizabeth Sabiston Prize |
| The Master's Award For Academic Excellence | SC Student Life Award |
| | SCSG 50 th Anniversary Award |
| | SC Scholarship |
| | The Master's Award for Academic Excellence |
| | The Taryn Lynne Stephens Award |

Awards



Student Leadership Awards

- Student Employee Award
- Calumet College Council Award
- Stong College Student Government Award
- HealthAid Student Success Leader Award
- HealthAid Student Success Team Member Award
- HealthAid Team Spirit Award
- Faculty of Health Student Caucus (FHSC) Student Leadership Award
- Student Association Leadership Award

Student Leadership Certificates

- Agents of Change
- Calumet College Council
- Faculty of Health Student Caucus (FHSC)
- FHSC General Member – Honourable Mention
- FHSC General Member – Acknowledgements
- Global Health Students' Association (GHSA)
- HealthAid Network
- Kinesiology & Health Science Student Organization (KAHSSO)
- Kinesiology & Health Science Student Organization (KAHSSO) Peer Tutors
- Nursing Student Association at York (NSAY)
- Research Volunteer
- Student Association of Health, Management Policy & Informatics (SAHMPI)
- Student Health Ambassadors at York (SHAY)
- Stong College Student Government
- Undergraduate Psychology Students' Association (UPSA)
- Zacks Gallery Director



Indigenous Community Affiliation

Indigenous Community Affiliation



- March 2nd, 2016 Event: Conceptualizing Health and Wellness Issues in Indigenous Communities
- Ongoing Indigenous collaborations and expansion of the strategic directions



Program Evaluation

Objectives

1. Summarize and evaluate the program objectives and the evaluation methods of each Student Success Program (ease of administration, reflects program goals, survey tools).
2. Organize and analyze data collected from the Colleges' Student Success Programming from 2011 to present.
3. Collaboratively explore the Strategic Plan and Colleges' Vision, Mission and Priorities to determine how the current evaluation process measures them.

Objectives

4. Develop a Calumet and Stong Colleges' Student Success Database

- Database used to examine annual and long-term strategic plan goals
- Data management and software

5. Create a Program Logic Model for the Colleges that includes an evaluation framework that encompasses our Strategic Plan and Program Goals.

- Includes qualitative and quantitative methods



Reflections

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