Canada’s leading academic centre for the study of the connection between physical activity and human health.

- More course selections than any other Kinesiology program in Canada
- All core courses are taught by full-time professors who are experts in their field
- Prerequisites for medical school and other professional schools (e.g. physiotherapy, dentistry, chiropractic, pharmacy and more) during your four year degree at York
- York's program recognized by the College of Kinesiologists of Ontario for preparing students to write the Registered Kinesiologist (RKin) exam
- Certificates in Athletic Therapy*, and Fitness Assessment & Exercise Counselling
- Hands-on research experience in our labs and with community partners

* York is the only university in Ontario to offer the Athletic Therapy Certificate

AREAS OF STUDY

- Biomechanics
- Psychology of Exercise & Health
- Socio-cultural Perspectives
- Fitness & Health
- Neuroscience
- Physiology (Cellular, Systems & Exercise)

CAREERS

(JUST SOME OF THE MANY CAREER CHOICES)

- Medicine*
- Physiotherapist/Occupational Therapist*
- Chiropractor*
- Registered Kinesiologist
- Athletic Therapist
- Pharmacist*
- Teaching and Research
- Coaching and Fitness
- Personal Trainer
- Sport Management
- Recreation/Wellness Coordinator

Direct pathway to medical and other professional schools

*With further post-secondary training

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